

Please Print  
Schedule an appointment for Physicians Approval  
and send to [aaron@moveministries.org](mailto:aaron@moveministries.org) after its complete.

## Physicians Approval

To: Open Bible Churches, INC  
Open Bible International Ministries  
MOVE Ministries

To the best of my knowledge \_\_\_\_\_(name) is in adequate  
Health to participate in a 17-day church construction trip to Upala, Costa Rica from  
January 19th - February 4th, 2027.

He should take the following health precautions:\_\_\_\_\_

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\_\_\_\_\_Blood Type (if not previously on record with MOVE)

\_\_\_\_\_  
Physicians Signature

Additional Comments